### Setting up Apple Health in the Allurion iOS App

Now the Allurion iOS app with sync steps, sleep and exercise with the the data from Apple Health. This means users who want to sync this data from an Apple Watch, iPhone or other device or app can view steps, sleep and exercise minutes in our app.

There are two ways to set this up:

- 1. During the Allurion App installation and account setup process.
- 2. In the Settings for the user's iOS iPhone or iPad.

#### Setup during the Allurion App installation and account setup

1. When a user is installing the App they will see this screen:

10:51	• → •	<b>بھ</b>						
Α								
Health Tracker Setup								
To ge wear sleep	et the most out of your Health Tracke r it day and night to track your steps, p and exercise. Here is how to set it u	r, p.						
1	Make sure your device is charged and turned on.							
2	Put your Health Tracker on your wrist and have your phone close by.							
3	Enable Bluetooth on your phone.							
4	Select "Setup Health Tracker" below and wait for the device to connect.							
5	If the device does not connect, try again by selecting "Setup Health							
SETUP HEALTH TRACKER								
	Skip this step							

2. If the user wants to use their Allurion Health Tracker, select "Setup Health Tracker." Otherwise, select "Skip this step."

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3. The user will see this screen next. Select "Turn All Categories On" followed by "Allow".

10:	52		, ≁ ≎ ■
Don	't Allow	Health Access	Allow
		•	
		Health	
"Allur data i	ion" would n the categ	like to access and update ories below.	your Health
Turn	All Cate	gories On	
Allow types	or disallow listed here	"Allurion" to access all he	ealth data
ALLO	W "ALLURIC	ON" TO WRITE DATA:	
Ť	Body M	ass Index	
Ť	Height		
	Sleep		
Ò	Steps		
Ť	Weight		
0	Workou	ts	
App E We ne	Explanation: eed to acce	ss health data from phone	9
ALLO	W "ALLURIC	ON" TO READ DATA:	
	Sleep		

4. Now steps, sleep and exercise will be collected from the user's Apple Health and displayed in the Allurion App and Allurion Insights.

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### Setup Using iOS Settings

To set up Apple Health syncing after installing the app:

- 1. Go to "Settings"
- 2. Select "Health"
- 3. Select "Data Access & Devices"
- 4. Select "Allurion"
- 5. Select "Turn All Categories On"

